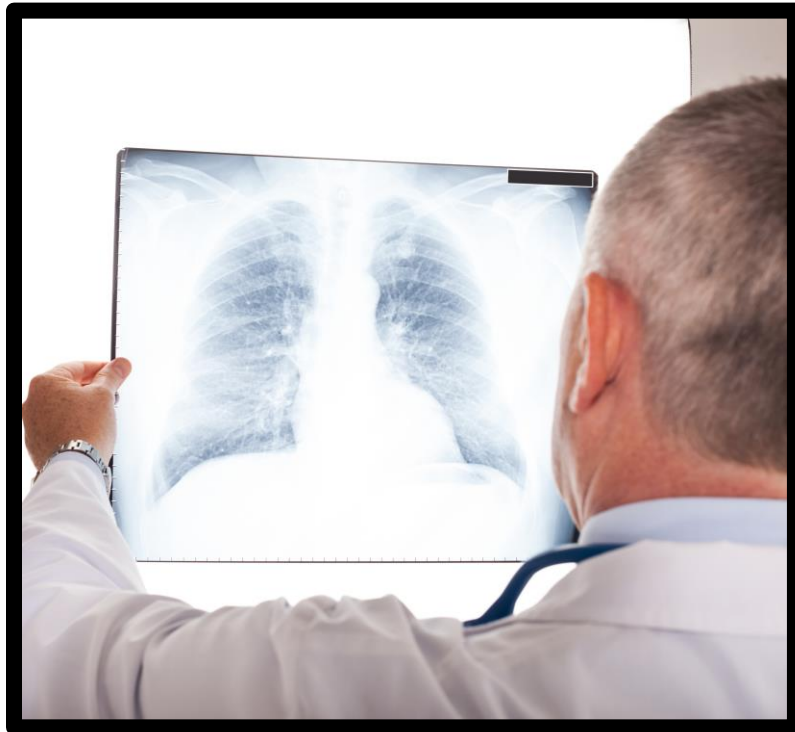




Presents

# Pneumonia



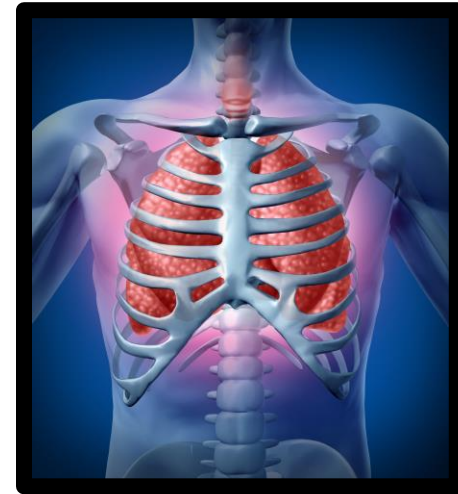
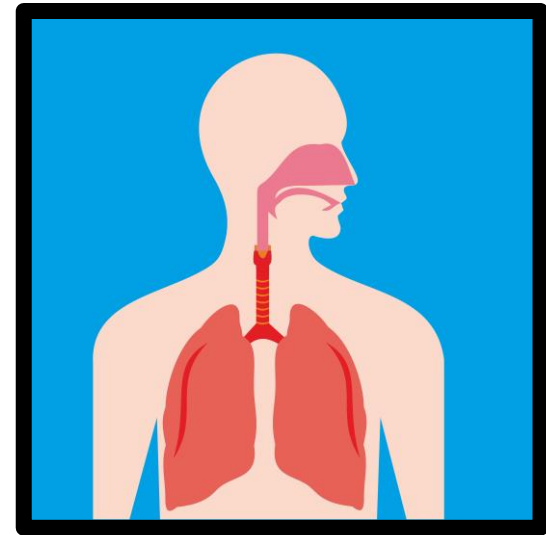
By Janet Giel-Romo, Ed.D.



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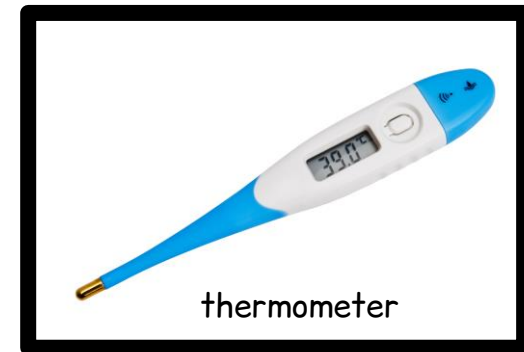
Many of the Pilgrims got pneumonia their first winter in Plymouth, MA. Many of the Pilgrims died from pneumonia.



Pneumonia is an infection in a person's lungs. Sometimes it is caused by the flu.



Pneumonia has several symptoms. **Symptoms** are what happens to a person who is sick or hurt.

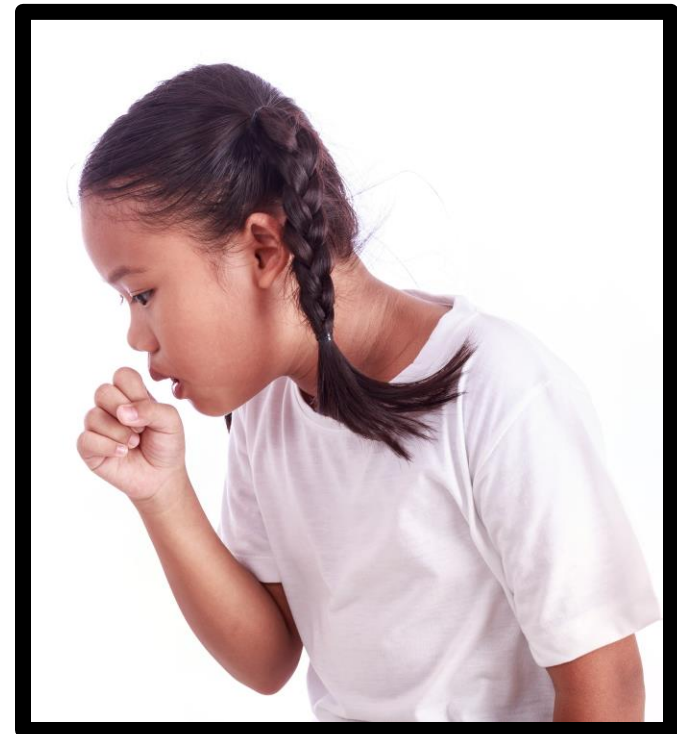


thermometer

One of the symptoms is having a fever. A thermometer is used to find out how hot your body is.



Another symptom is a **loss of appetite**. That is when you do not want to eat food. Eating sounds **AWFUL!**



Another symptom is coughing. Sometimes **coughing** hurts your chest. Ouch!!!



A person who has pneumonia needs to stay in bed and rest.



You can prevent pneumonia by washing hands. Dirty hands spread germs. Germs make people sick.



When you go to the **bathroom** always wash your hands. You do not want to spread germs.



When you **blow your nose**, wash your hands. You do not want to spread germs.





Doctors help patients who have pneumonia. They listen to the patient's lungs using a **stethoscope**.



Doctors give **medicine** to patients with pneumonia. The patient can recover.



The Pilgrims did not have medicine for pneumonia.

A long time ago there was no **medicine** for pneumonia. Many people died. Today people can recover.



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