



Let's Chat

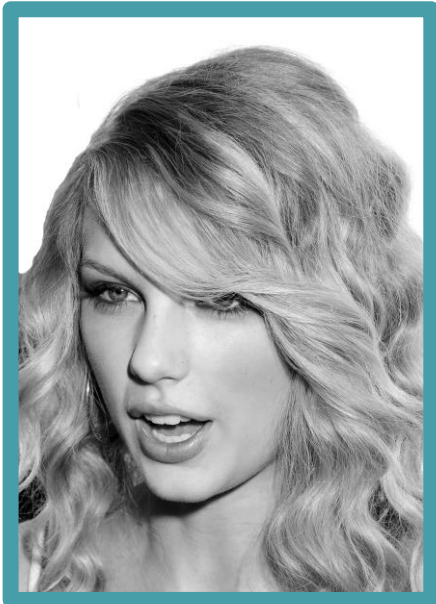
## Horse or Equine



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Taylor Swift is an **equestrian**. An equestrian is someone who rides horses. Are you an equestrian?



Which horse do you like the best?



I need to think of things I know about horses.

A horse is an **equine**. Horse and equine both mean the same thing. Do you like equines? What do you know about horses?



Hum... I don't like to clean but I do like things to look nice.

Horses live in a **stable**. A stable is a barn that has stalls in it. Each horse has a stall. Cleaning the stable is a big job. Why do you think keeping things clean is important? Why?



I like to take pictures outside.



Horses spend a lot of time outside in a **turnout**. Horses love to be outside with other horses. What do you like to do outside?



We think yoga is fun.



Horses **exercise** to keep their bodies healthy. Running and playing outside in the turnout is good for horses. What do you do for exercise?

Horses are **herd** animals. That means they like to be with other horses. Horses get lonely if they are alone too long. When do you feel lonely?



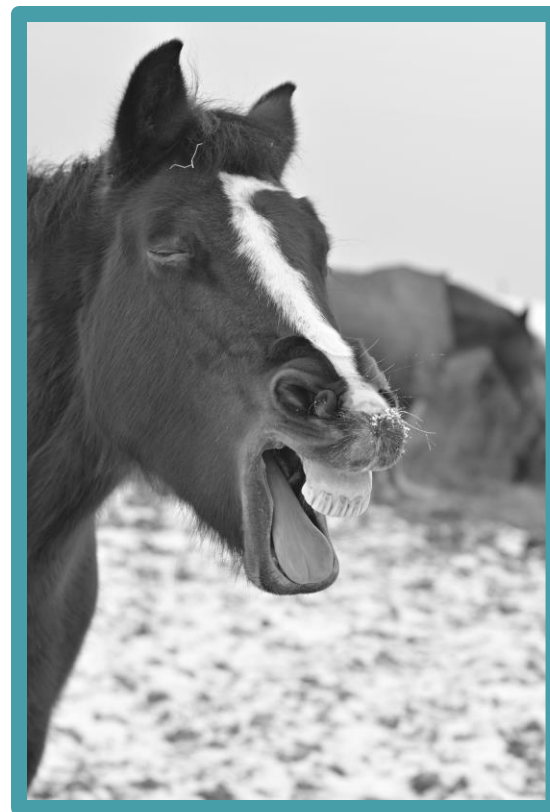
Horses eat a lot of hay. **Hay** is a type of dry grass. Some farmers grow hay. Horses also love carrots and apples for a snack. Can you think of some healthy snacks?



Horses get hot and sweat. Horses need a **salt lick** to replace minerals when they sweat. People sweat too. When do you sweat?



Horses can **sleep** laying down or standing up. Horses only sleep about 3 hours per day. How many hours should you sleep each night? What time do you go to bed?



Horses communicate by **neighing**. That is how they say hello. Can you make a neighing sound like a horse? What are some sounds that other animals make?



Horses use their eyes, nostrils, and ears to show their mood. When horses are **angry** their ears go back. Their nostrils flare. How can you tell if a person is getting angry?



Horses make people feel relaxed. Horses can make **stress** go away. What do you do to relax?



Horses are **funny**. They can make you laugh. What makes you laugh? Do you know any jokes about horses?



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