

# EXCEPTIONAL NEWS

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- Since 2017

## Cricket Bread for Sale



**Finland**- On November 23, a large company in Finland started selling a new type of bread.

The new bread is called cricket bread. It is made with crickets!

Crickets are insects. Most people think eating crickets is disgusting!

The crickets used in the bread are farm-raised in cages. The cricket farmers feed the crickets healthy food.

When the crickets are 7 weeks old, the cricket farmers freeze the crickets and sell them to a mill.

The mill grinds the crickets into powder. The powder is then sold to places that use cricket powder to make food.

Each loaf of cricket bread has about 70 crickets in it. Crickets are very healthy for people to eat.

The Finnish people think cricket bread is a good idea. Crickets have a lot of protein and iron.

Cricket powder is getting more popular in the United States. One U.S. company makes chips with cricket powder. The chips are called chirps! Check out their website: <https://chirpschips.com/>

