



Presents

Pneumonia



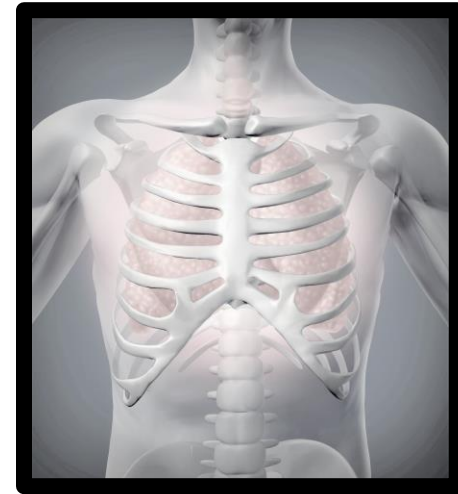
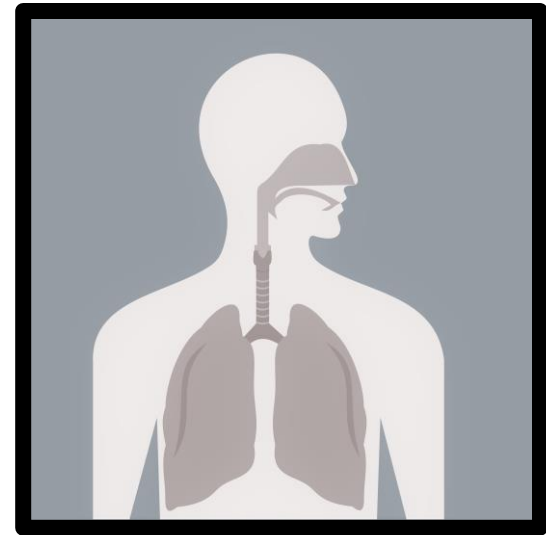
By Janet Giel-Romo, Ed.D.



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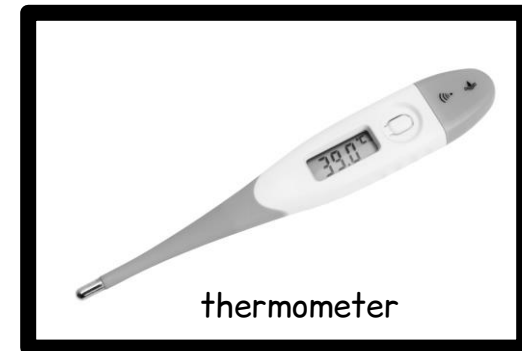
Many of the Pilgrims got pneumonia their first winter in Plymouth, MA. Many of the Pilgrims died from pneumonia.



Pneumonia is an infection in a person's lungs. Sometimes it is caused by the flu.



Pneumonia has several symptoms. **Symptoms** are what happens to a person who is sick or hurt.



One of the symptoms is having a fever. A thermometer is used to find out how hot your body is.



Another symptom is a **loss of appetite**. That is when you do not want to eat food. Eating sounds **AWFUL!**



Another symptom is coughing. Sometimes **coughing** hurts your chest. Ouch!!!



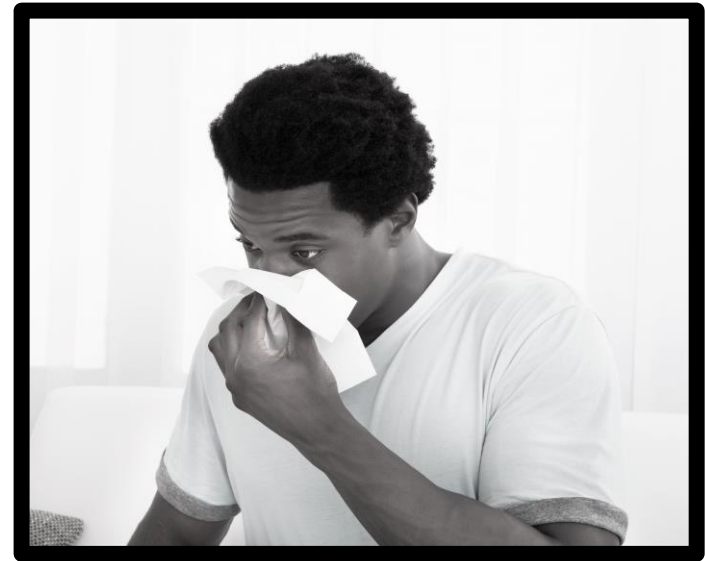
A person who has pneumonia needs to stay in bed and **rest**.



You can prevent pneumonia by **washing hands**. Dirty hands spread germs. Germs make people sick.



When you go to the **bathroom** always wash your hands. You do not want to spread germs.



When you **blow your nose**, you need to wash your hands. You do not want spread germs.



Doctors help patients who have pneumonia. They listen to the patient's lungs using a **stethoscope**.



Doctors give **medicine** to patients with pneumonia. The patient can recover.



The Pilgrims did not have medicine for pneumonia.

A long time ago there was no medicine for pneumonia. Many people died. Today people can recover.



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